



## FIȘĂ DE VERIFICARE A ÎNDEPLINIRII STANDARDELOR UNIVERSITĂȚII „VASILE ALECSANDRI” DIN BACĂU PENTRU OCUPAREA POSTURILOR DIDACTICE

Standarde minimale pentru ocuparea postului de **asistent universitar**

Nr. crt.	Standard	Autoevaluare candidat	Verificare comisie
		Îndeplinire/ Punctaj	Îndeplinire/ Punctaj
1.	<b>Deținerea diplomei de doctor:</b>		
	Domeniul 1: Știința sportului și a educației fizice	DA	
	Domeniul 2:		
	Domeniul 3:		
2.	<b>Deținerea diplomei de master:</b>		
	Domeniul 1: Știința sportului și a educației fizice	DA	
	Domeniul 2:		
	Domeniul 3:		
3.	<b>Deținerea diplomei de licență:</b>		
	Domeniul 1: Educație fizică și sport	DA	
	Domeniul 2: Kinetoterapie	DA	
	Domeniul 3:		
4.	Minim 3 articole publicate în reviste indexate BDI, din care minim unul ca autor principal și minim o prezentare la o conferință internațională.  <i>Lista articolelor:</i> 1. Antohe, B., Alshana, O., Uysal H., S., Rață, M., Iacob, G. S., <b>Panaet, E.A.</b> (2024). Effect of myofascial release techniques on joint range of motion of athletes: a systematic review and meta-analysis of randomized controlled trials. <i>Sports</i> 12,132. Published: 14.05.2024 <a href="https://www.mdpi.com/2075-4663/12/5/132">https://www.mdpi.com/2075-4663/12/5/132</a> <b>IF: 2.7/ 2023</b> 2. Mekni, R., Hammammi, A.M., Sahli, F., Selmi, O., Stanica, G., <b>Panaet, E.A.</b> , Alexe, C.I., Trabelsi, O., Ezzeddine, L.B. (2024). Effect of combined feedback and verbal encouragement on anaerobic performance, technical and physiological aspect during small-sided basketball games for students girl. <i>International Journal of Sport Studies for Health</i> , 7(1), 1-10. Published: 01.01.2024 <a href="https://doi.org/10.61838/kman.intjssh.7.1.1">https://doi.org/10.61838/kman.intjssh.7.1.1</a> 3. Causevic D, Mustafovic E, Rani B, Klacar S, Ibrahimovic M, <b>Panaet AE</b> , Hodzic A. (2024). Effects of 5-week Detraining Period on Body Composition of Professional Soccer Players. <i>Health, sport, rehabilitation</i> , 10(2). Published: 18.06.2024. <a href="https://doi.org/10.58962/HSR.2024.10.2">https://doi.org/10.58962/HSR.2024.10.2</a>	8  5  5	

	<p>4. <b>Panaet E.A.</b>, Alexe D.I., Zwierzchoska A., Rosolek B., Peyré-Tartaruga L.A., Alexe C.I. (2023). Distribution of plantar pressures under static conditions, invarious areas of the pediatric flatfoot in sensitive period of development – pilot study. <i>Balneo and PRM Research Journal</i>, 14(4): 607. Published 20.12.2023.  <a href="https://www.webofscience.com/wos/woscc/full-record/WOS:001167118000012">https://www.webofscience.com/wos/woscc/full-record/WOS:001167118000012</a>  <b>IF= 1.5/ 2022</b></p> <p>5. Antohe, B.A., Uysal, H. S., <b>Panaet, E.A.</b>, Iacob, G.S., Rață, M. (2023). The Relationship between Magnetic Resonance Imaging and Function Test Assessment in Patients with Lumbar Disk Hernia. <i>Healthcare</i>, 11, 2669. Published: 01.10.2023.  <a href="https://www.webofscience.com/wos/woscc/full-record/WOS:001084425400001">https://www.webofscience.com/wos/woscc/full-record/WOS:001084425400001</a>  <b>IF= 2.8/ 2022</b></p> <p>6. <b>Panaet, E.A.</b>, Alexe, C.I., Stângaciu, A., Hazar, F., Rață, G., Alexe, D.I., Hofmeister, M. (2022). The effects of pediatric flat foot on the frontal alignment of proximal segment. <i>Balneo and PRM Research Journal</i>, 13(2):499. Published: 27.06.2022.  <a href="https://www.webofscience.com/wos/allldb/full-record/WOS:000822430700004">https://www.webofscience.com/wos/allldb/full-record/WOS:000822430700004</a>  <b>IF=1.5/2022</b></p> <p>7. Dragos, O., Alexe, D.I., Ursu, E.V., Alexe, C.I., Voinea, N.L., Haisan, P.L., <b>Panaet, A.E. (autor corespondent)</b>, Albina, A.M., Monea, D. (2022). Training in Hypoxia at Alternating High Altitudes Is a Factor Favoring the Increase in Sports Performance. <i>Healthcare</i>, 10(11), 2296. Published: 16.11.2022.  <a href="https://www.webofscience.com/wos/woscc/full-record/WOS:000910765400001">https://www.webofscience.com/wos/woscc/full-record/WOS:000910765400001</a>  <b>IF = 2.8/ 2022</b></p> <p>8. Man, M.C., Ganera, C., Bărbuleț, G.D., Krzysztofik, M., <b>Panaet E.A.</b>, Cucui, A.I., Tohănean, D.I., Alexe, D.I. (2021). The Modifications of Haemoglobin, Erythropoietin Values and Running Performance While Training at Mountain vs. Hilltop vs. Seaside. <i>International Journal of Environmental Research and Public Health</i>. 18(18):9486. Published: 8 September 2021.  <a href="https://www.webofscience.com/wos/woscc/full-record/WOS:000699712800001">https://www.webofscience.com/wos/woscc/full-record/WOS:000699712800001</a>  <b>IF = 4.614 / 2021</b></p> <p>9. <b>Panaet, E.A.</b>, Grigore, V., Man, C.M., Dolinschi, C.M., Alexe, D.I. (2021). Effect of paediatric flat foot on the sagittal alignment of the pelvis and spine. <i>Discobolul – Physical Education, Sports and Kinetotherapy Journal</i>, 60 (4).  <a href="https://discobolulunefs.ro/media/December2021.10.pdf">https://discobolulunefs.ro/media/December2021.10.pdf</a> ,  <a href="https://doi.org/10.35189/dpeskj.2021.60.4.10">https://doi.org/10.35189/dpeskj.2021.60.4.10</a></p> <p>10. <b>Panaet, E.A.</b>, Alexe, C.I., Marchis, C., Man C.M. Grigore, V. (2021). Essay regarding the need for a standard framework of assessment and measurement of flat feet in children. <i>Bulletin of the Transilvania University of Braşov, Series IX: Sciences of Human Kinetics</i>,14(63).  <a href="http://webbut.unitbv.ro/index.php/Series_IX/article/view/411">http://webbut.unitbv.ro/index.php/Series_IX/article/view/411</a></p>	<p>13,5</p> <p>14,8</p> <p>13,5</p> <p>14,8</p> <p>16,6</p> <p>8</p> <p>8</p>	
--	--	---	--



ROMÂNIA  
MINISTERUL EDUCAȚIEI  
UNIVERSITATEA „VASILE ALECSÂNDRI” DIN BACĂU

Calea Mărășești, Nr. 157, Bacău, 600115  
Tel. +40-234-542411, fax +40-234-208286  
www.ub.ro; e-mail:rector@ub.ro



	<i>Lista prezentărilor:</i> 1. Lucrarea cu titlul „ <b>Distribution of plantar pressures under static conditions, in various areas of the pediatric flatfoot</b> ”. International Congress of Education, Health and Human movement. 15-18 June 2022. Hybrid.	3	
5.	Alte criterii relevante considerate de candidat	-	-
		<b>110,2</b>	

Data

Semnătura