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**MINISTERUL EDUCAȚIEI**  
**UNIVERSITATEA „VASILE ALECSANDRI” DIN BACĂU**  
**FACULTATEA DE ȘTIINȚE ALE MIȘCĂRII, SPORTULUI ȘI**  
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**Doctor PANAET ELENA ADELINA**

## Lista lucrărilor / activităților reprezentative

A Teza de doctorat				
A1	Strategie de intervenție kinetoterapeutică pentru ameliorarea efectelor determinate de modificările structurale ale piciorului plat la copiii cu vârsta de 7-9 ani			
B Brevete / invenții				
B1	-	-	-	-
C Cărți și capitole în cărți				
C1	-	-	-	-
D Articole în extenso, publicate în reviste din fluxul științific internațional principal				
D1	Effect of myofascial release techniques on joint range of motion of athletes: a systematic review and meta-analysis of randomized controlled trials	Antohe, B., Alshana, O., Uysal H., S., Rață, M., Iacob, G. S., <b>Panaet, E.A.</b>	<i>Sports</i> . <b>2024</b> , 12,132. Published:14.05.2024 <a href="https://www.mdpi.com/2075-4663/12/5/132">https://www.mdpi.com/2075-4663/12/5/132</a> <b>IF: 2.7/ 2023</b>	
D2	Effect of combined feedback and verbal encouragement on anaerobic performance, technical and physiological aspect during small-sided basketball games for students girl	Mekni, R., Hammammi, A.M., Sahli, F., Selmi, O., Stanica, G., <b>Panaet, E.A.</b> , Alexe, C.I., Trabelsi, O., Ezzeddine, L.B.	<i>International Journal of Sport Studies for Health</i> . <b>2024</b> , 7(1), 1-10. E-ISSN: 2588-5782. Published: 01.01.2024 <a href="https://doi.org/10.61838/kman.intjssh.7.1.1">https://doi.org/10.61838/kman.intjssh.7.1.1</a>	
D3	Effects of 5-week Detraining Period on Body Composition of Professional Soccer Players	Causevic D, Mustafovic E, Rani B, Klacar S, Ibrahimovic M, <b>Panaet AE</b> , Hodzic A.	<i>Health, sport, rehabilitation</i> . <b>2024</b> , 10(2). Published: 18.06.2024 <a href="https://doi.org/10.58962/HSR.2024.10.2">https://doi.org/10.58962/HSR.2024.10.2</a>	
D4	Distribution of plantar pressures under static conditions, invarious areas of the pediatric flatfoot in sensitive period of development – pilot study	<b>Panaet E.A.</b> , Alexe D.I., Zwierzchoska A., Rosolek B., Peyré-Tartaruga L.A., Alexe C.I.	<i>Balneo and PRM Research Journal</i> . <b>2023</b> , 14(4): 607. Published 20.12.2023 <b>WOS:001167118000012</b> <a href="https://doi.org/10.12680/balneo.2023.607">https://doi.org/10.12680/balneo.2023.607</a> <a href="https://www.webofscience.com/wos/woscc/full-record/WOS:001167118000012">https://www.webofscience.com/wos/woscc/full-record/WOS:001167118000012</a> <b>IF= 1.5/ 2022</b>	
D5	The Relationship between Magnetic Resonance Imaging and Function Test Assessment in Patients with Lumbar Disk Hernia	Antohe, B.-A.; Uysal, H. S.; <b>Panaet, A.-E.</b> ; Iacob, G.-S.; Rață, M.	<i>Healthcare</i> . <b>2023</b> , 11, 2669. Published: 01.10.2023 <b>WOS:001084425400001</b> <a href="https://doi.org/10.3390/healthcare11192669">https://doi.org/10.3390/healthcare11192669</a> <a href="https://www.webofscience.com/wos/woscc/full-record/WOS:001084425400001">https://www.webofscience.com/wos/woscc/full-record/WOS:001084425400001</a> <b>IF= 2.8/ 2022</b>	

	<b>D6</b>	Training in Hypoxia at Alternating High Altitudes Is a Factor Favoring the Increase in Sports Performance	Dragos, O., Alexe, D.I., Ursu, E.V., Alexe, C.I., Voinea, N.L., Haisan, P.L., <b>Panaet, A.E.</b> , Albina, A.M., Monea, D.	<i>Healthcare</i> . <b>2022</b> , 10(11):2296. ISSN 2227-9032. Published: 16.11.2022 <b>WOS:000910765400001</b> <a href="https://doi.org/10.3390/healthcare10112296">https://doi.org/10.3390/healthcare10112296</a> , <a href="https://www.mdpi.com/2227-9032/10/11/2296#cite">https://www.mdpi.com/2227-9032/10/11/2296#cite</a> <a href="https://www.webofscience.com/wos/woscc/full-record/WOS:000910765400001">https://www.webofscience.com/wos/woscc/full-record/WOS:000910765400001</a> <b>IF = 3.160/ 2021</b>
	<b>D7</b>	The effects of pediatric flat foot on the frontal alignment of proximal segment	<b>Panaet, E. A.</b> , Alexe, C. I., Oana Ancuța Stângaciu, O. A., Hazar, F., Rață, G., Alexe, D.I., Hofmeister, M.	<i>Balneo and PRM Research Journal</i> . <b>2022</b> , 13(2):499. Published 27.06.2022. <b>WOS:000822430700004</b> <a href="https://www.webofscience.com/wos/allldb/full-record/WOS:000822430700004">https://www.webofscience.com/wos/allldb/full-record/WOS:000822430700004</a> <b>IF= 1.5/ 2022</b>
	<b>D8</b>	Effect of paediatric flat foot on the sagittal alignment of the pelvis and spine	<b>Panaet, E. A.</b> , Grigore, V., Man, C.M., Dolinschi, C.M., Alexe, D.I.	<i>Discobolul – Physical Education, Sports and Kinetotherapy Journal</i> . <b>2021</b> , 60(4). <b>ISSN (online)</b> 2286 – 3702, <b>ISSN–L</b> 1454 – 3907 <a href="https://discobolulunefs.ro/media/December2021.10.pdf">https://discobolulunefs.ro/media/December2021.10.pdf</a> , <a href="https://doi.org/10.35189/dpeskj.2021.60.4.10">https://doi.org/10.35189/dpeskj.2021.60.4.10</a>
	<b>D9</b>	The Modifications of Haemoglobin, Erythropoietin Values and Running Performance While Training at Mountain vs. Hilltop vs. Seaside.	Man, M.C., Ganera, C., Bărbuleț, G.D., Krzysztofik M, <b>Panaet A.E.</b> , Cucui AI, Tohănean D.I, Alexe D.I.	<i>International Journal of Environmental Research and Public Health</i> . <b>2021</b> , 18(18): 9486. eISSN 1660-4601. Published: 8 September 2021. <b>WOS:000699712800001</b> <a href="https://www.mdpi.com/1660-4601/18/18/9486/htm">https://www.mdpi.com/1660-4601/18/18/9486/htm</a> <a href="https://www.webofscience.com/wos/woscc/full-record/WOS:000699712800001">https://www.webofscience.com/wos/woscc/full-record/WOS:000699712800001</a> <b>IF = 4.614 / 2021</b>
	<b>D10</b>	Essay regarding the need for a standard framework of assessment and measurement of flat feet in children	<b>Panaet, E.A.</b> , Alexe, C.I., Marchis, C., Man C.M, Grigore, V.	<i>Bulletin of the Transilvania University of Braşov, Series IX: Sciences of Human Kinetics</i> . <b>2021</b> , 14(63) No. 1. <b>ISSN (print)</b> : 2344–2026. <a href="https://doi.org/10.31926/but.shk.2021.14.6.1.30">https://doi.org/10.31926/but.shk.2021.14.6.1.30</a> , <a href="http://webbut.unitbv.ro/index.php/Series_IX/article/view/411">http://webbut.unitbv.ro/index.php/Series_IX/article/view/411</a>
<b>E Articole în extenso, publicate în volumele unor conferințe internaționale</b>				
	<b>E1</b>	Distribution of plantar pressures under static conditions, in various areas of the pediatric flatfoot	<b>Panaet, E.A</b> , Rață, G., Man, M. C., Alexe, C. I.	International congress of education, health and human movement. 15-18 June <b>2022</b> . Hybrid
	<b>E2</b>	Essay regarding the need for a standard framework of assessment and measurement of flat feet in children	<b>Panaet E.A.</b> , Alexe, C. I., Alexe, D. I., Grigore, V.	Youth in the perspective of the olympic movement march 19-20, <b>2021</b>
<b>F Alte lucrări și contribuții științifice sau activități specifice domeniului</b>				
	<b>F1</b>	-	-	-

Data  
Mai 2024

Semnătura  
PANAET ELENA ADELINA